

Course code: F1012

# Occupational Health, and, Safety Overview

Occupational health and safety (OHS) is about all aspects of health and safety in the workplace. OHS aims to prevent the occurrence of occupational accidents and diseases. A safe and healthy working environment is one where risks are eliminated or when all reasonably practicable actions have been taken to reduce risks to an acceptable level and where prevention has been integrated as part of the organizations culture. Participants learn the details of OHS principle which to be able to apply within their organization.

## OBJECTIVE

- To describe the overview of OHS approach.
- To provide knowledge OHS related to comply with relevant standard.
- To explores the wide variety of functions within the OHS field .
- To build awareness and encourage continual improvement within organization.

## CONTENT

### • **Session 1: Introduction**

Provide an overview of the OHS field and the role of the OHS practitioner. Describe the key components of a safety program.

### • **Session 2: Terms and Definitions**

Describe relevant terms and definitions that normally use in related OHS fields.

### • **Session 3: OHS Fundamental**

Describe the importance of OHS and adherence to regulations in management system. The content covers examples of ethical dilemmas and potential resolutions in the OHS field.

### • **Session 4: Role and responsibility to manage OHS.**

This session underscores the crucial role of OHS for individuals handling OHS management system. The content provides a comprehensive overview of role and responsibility to comply with relevant regulations. Describe the relationship between a successful safety program, effective leadership and communication, and a strong commitment to safety.

### • **Session 5: Conclusion**

Conclude essential topics.

\*Exercise workshop will also be delivered in each key sessions\*

## PREREQUISITES

Basic knowledge in safety or quality and had experience in industry will be more beneficial.



+66(0)889050555  
+66(0)909409509  
LINE ID: isoconsult



cs.isoconsult@gmail.com  
iso.th@outlook.com



Quality Associates Ltd.  
80/8 Samwa Road, Bangchan  
Khlongsamwa, Bangkok 10510