

CODE: F1015

PERSONAL PROTECTIVE EQUIPMENT(PPE)

This Personal Protective Equipment (PPE) training course outline includes an introduction to PPE, hazard assessment, the different types of PPE (head, eye, respiratory, hand, body, foot protection), selecting appropriate PPE, proper use and fit, maintenance and care, regulatory requirements, and employee responsibilities.

OBJECTIVE

- To describe the concept overview of hierarchy of controls.
- To explain the role of PPE in workplace safety.
- To provide awareness of personal safety.
- To understand the importance of inspecting and maintaining PPE and understand responsibility related to PPE.

CONTENT

• Session 1: Introduction

Describe overview and important of personal safety in workplace.

• Session 2: Identifying hazards that necessitate PPE

Describe concept of Hazard Identification and Risk Assessment (HIRA).

• Session 3: Type of PPE

Describe type of PPE, including personal flotation devices, other specialized equipment .

• Session 4: Selection and Fit

This session provides a comprehensive overview of how to select the correct PPE for a specific task and hazard.

• Session 5: Conclusion

Conclude essential topics.

Exercise workshop will also be delivered in each key sessions

PREREQUISITES

None.

WHO SHOULD ATTEND

This course is suitable for anyone who either already work related or expect to do so as;

- Engineer/Officer
- Operator/Worker
- Anyone who interested



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